



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HERE IT'S OM,
NOT MOM.



Breathe easy at the Y.

With free Kid Care, the Y makes it easy for the whole family to get – and stay – in shape with a variety of programs that promote mind, body and spirit. **NOW THROUGH DECEMBER 31, TAKE \$75 OFF A NEW MEMBERSHIP AND RECEIVE A COMPLIMENTARY SMART START CUSTOM WELLNESS PLAN FROM OUR EXPERIENCED STAFF.** Kick start 2014 with the gift of good health.

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NOT A JUICE BOX IN SIGHT

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THINK OF IT AS YOUR TIME-OUT.

WHILE THE KIDS ARE
IN FREE DAY CARE.

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\$75^{OFF}

**NEW MEMBERSHIP
SIGN UP TODAY**

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